

Student Epinephrine Skills Checklist

To Assess Readiness for Self-Administration of Epinephrine

Student Name: _____ **Grade/Teacher:** _____

Medication(s) to self-carry: _____

- Administration and Safety for ALL Auto-Injectors**
- Do not put your thumb, fingers or hand over the tip of the auto-injector or inject any body part other than middle of outer thigh; in case of accidental injection, go immediately to see a healthcare provider
 - Epinephrine can be administered through clothing if needed; avoid seams
 - Call 911 immediately after injection of epinephrine and be aware of a second biphasic reaction following any allergic response

Administration of Auvi-Q	Yes	No
1. Remove Auvi-Q from outer case		
2. Pull off red safety guard		
3. Place black end of Auvi-Q against middle of outer thigh		
4. Press firmly until you hear a click and hiss sound & hold in place at least 2 seconds		
5. Call/have someone call 911 and get emergency help right away		
6. Notify/have someone notify school nurse		
7. Keep with student for EMS/healthcare provider for inspection and proper disposal		
<input type="checkbox"/> Requires Supervision <input type="checkbox"/> Performs Independently		

Administration of EpiPen and EpiPen Jr	Yes	No
1. Remove EpiPen/Jr from clear carrier tube		
2. Grasp auto-injector in your fist with orange tip (needle end) pointing downward		
3. With other hand, remove blue safety cap by pulling straight up		
4. Swing arm press firmly into middle of outer thigh until you hear a click		
5. Hold firmly in place for 3 slow seconds		
6. Remove and massage injection site for 10 seconds		
7. Call/have someone call 911 to get emergency help right away & notify/have someone notify school nurse		
8. Keep with student for EMS/healthcare provider for inspection and proper disposal		
<input type="checkbox"/> Requires Supervision <input type="checkbox"/> Performs Independently		

Administration of Generic EpiPen	Yes	No
1. Remove epinephrine auto-injector from carrier tube		
2. Grasp auto-injector in your fist with orange tip (needle end) pointing downward		
3. With other hand, remove blue safety cap by pulling straight up		
4. Swing arm press firmly into middle of outer thigh until you hear a click		
5. Hold firmly in place for 3 slow seconds		
6. Remove and massage injection site for 10 seconds		
7. Call/have someone call 911 to get emergency help right away & notify/have someone notify school nurse		
8.		
<input type="checkbox"/> Requires Supervision <input type="checkbox"/> Performs Independently		

Administration of Impax Epinephrine (Authorized Generic of Adrenaclick)	Yes	No
1. Remove epinephrine auto-injector from protective carrying case		
2. Pull off both blue end caps which will reveal red tip		
3. Grasp auto-injector in your fist with red tip (needle end) pointing downward		
4. Put red tip against middle of outer thigh at a 90 degree angle		
5. Press down hard and hold firmly against the thigh for about 10 seconds to deliver medication		
6. Remove and massage injection site for 10 seconds		
7. Check the red tip—if needle is not exposed, repeat attempt to deliver medication		
8. Call/have someone call 911 to get emergency help right away & notify/have someone notify school nurse		
9. Carefully cover needle with protective carrying case & keep with student for EMS/healthcare provider for inspection/proper disposal		
<input type="checkbox"/> Requires Supervision <input type="checkbox"/> Performs Independently		